



## Grip and Trim - Instruction Guide

Thank you for choosing Grip & Trim, the easy way to cut your own and others' hair evenly and confidently at home.

Please read this guide before first use.

### 1. What's Included

1 x Grip & Trim - Cutting guide and styling tool

### 2. How Grip & Trim Works

#### Cutting your own hair:

Grip & Trim is designed to help you cut your hair evenly and easily at home when using your hair clippers. Simply grab sections of hair, slide to the length you wish to cut and run your hair clippers across the cutting plane to get an accurate easy cut. Repeat all over your head to the length you want. Much easier than using your own fingers or a comb.

#### Cutting someone else's hair:

If cutting someone else's hair, Grip & Trim gives more control than using fingers, combs or clipper guards when grabbing sections of hair to cut with scissors or clippers.

#### Styling when blow-drying:

Grip and Trim also works well as a styling tool for grabbing hair when blow drying and using product. Allows more control of hair than a brush or comb by holding in place more easily without slippage. Especially good for blowdrying hair roots to give hair volume.

### 3. Before You Begin

#### You Will Need

A pair of hair clippers

A mirror (and ideally a second handheld mirror or three way mirror to see the back of your head for more accuracy)

#### Preparation

Wash and dry your hair so it's free from product.

Blow-dry and comb/brush your hair in the direction it naturally sits.

Take the guard off of your hair clippers.

### 4. How to Use Grip & Trim

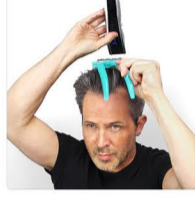
## How to use Grip and Trim with your hair clippers



**1**  
Select Hair



**2**  
Choose Length



**3**  
Glide hair clippers

**Step 1** — Squeeze the handles to open the spring loaded tongs



**Step 2** — Slide the open tongs into the section of hair your wish to cut and release the handles to grip the hair

**Step 3** — Slide Grip & Trim to your desired length, keeping an eye on the hair above the tongs as the length you intend to cut.

If you have thin hair, you may wish to grip the handles slightly to lessen the spring grip as you slide the tongs through your hair when selecting the desired length

**Step 4** — Now Begin Cutting

Now with your desired length selected and you are happy the hair above the tongs is the hair you wish to cut. Start your hair clippers and run it slowly and carefully across the tong cutting plane area until the hair above the tongs that is gripped has disappeared.

Be careful to go slowly to start with until you get the hang of it. Take your time and be careful to not run the clippers outside of the grip and Trim cutting plane.

Take your time—small passes give the cleanest results.

Once the cut for that section of hair is complete, squeeze the handles to release your hair and move Grip and Trim away from your head, ready to grab the next section of hair.

**Step 5** — Work Around Your Head

Now repeat this process around your head. Keep adjusting Grip & Trim to maintain a level and even cut as you check what you are doing in the mirror.

For the back of your head, turn sideways to the mirror for a better view, or for even more control use a 3-way mirror to see what you are doing at the back more accurately.

**Step 6** — Check and Refine

After the first pass:

Comb through the hair again.

Repeat any sections that need refining. Look for uneven ends as you slide the Grip and Trim through your hair and use your clippers to cut them.



Watch videos to see Grip and Trim in action here:



[www.gripandtrim.com/instructions](http://www.gripandtrim.com/instructions)

### 5. Tips for Best Results

Take your time. Start slowly. Use slower clipper movements for a sharper finish

Make sure you grip the handles to open the tongs after each cut to release hair and prevent catching, especially with thin hair.

With thick hair, you may prefer to apply slight pressure to the handles when sliding to select your preferred hair length, as the grip pressure may be too tight to slide away at full tension. Once at your chosen length, you can then fully release the handles to grip your hair selection for cutting.

Use a three-way mirror for even more control when cutting the back of your head

Keep the Grip & Trim clean and free of hair between passes. Simply wash under the tap.

Practice makes perfect — after 2-3 uses, most users get barbershop-level results.

### 6. Cutting other people's hair:



- When cutting other people's hair. Take your time and cut slowly

- Grip the handles to open the tongs
- Slide into the roots of a section of hair and release handles to grip
- Now slide the Grip and Trim away from the head to the length you require
- Glide your hair clippers or hair scissors across the top cutting plane
- Once you have cut the uneven ends, grip the handles to release the hair selection and repeat all over the head.
- You can tilt the Grip and Trim to achieve most hair styles for blending and even cuts all over

### 7. Styling and Volumizing when Blow Drying



- To have more control when volumizing and styling, use Grip and Trim to grab sections of hair as you blowdry.

- With damp hair or with a styling product applied (hairspray, etc)
- Grip the handles to open the tongs
- Slide tongs into the roots of your hair
- Release handles to grip hair
- Tilt and hold in your preferred direction for styling
- Use hairdryer to set hair in position
- Repeat all over as desired

### 8. Cleaning and Maintenance

Wash and brush off loose hair after use, then dry with a towel.

### 9. Safety Information

Always use clippers according to their manufacturer instructions.

Keep out of reach of children.

Do not use if the product is damaged or the bolt/spring is loose.

Avoid pressing too hard on the scalp—light contact is enough.

### 10. Warranty & Support

Grip & Trim comes with a standard 1 year's manufacturer warranty.

If you need help, replacement parts, or technique tips, contact our support team at: [support@gripandtrim.com](mailto:support@gripandtrim.com)

For more information please visit: [www.gripandtrim.com](http://www.gripandtrim.com)